

# 2024 Alpine Day Camp Parent's Guide



Dear Parent:

Welcome to a fun filled summer at Alpine Day Camp!. Our theme this year is “**Knights and Dragons**”. Our staff will be here to assist your elementary age children build individual character, confidence and skills through a wide range of fun, enriching, and high-quality activities during our adventure.

All staff and campers are encouraged to participate in the theme during their participation. We will have games, crafts and projects related to our theme, in addition to swimming, shooting sports, nature and many other opportunities for personal advancement and fun.

Parents are requested to attend one of our open houses on February 24th, April 5th and June 8th at 10:30 AM. Bring your walking shoes, your child (if you wish). It is here that you can ask us any questions, address any concerns and see the facilities.

This guide is designed to help you best possible summer for your children. We look forward to being of assistance to you in any way we can. See you at camp!

Yours in Scouting,

**Barbara Spencer**

Camp Director

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# RATES AND DATES

## Alpine Day Camp 2024

Members / Scouts				Non-Members / Non-Scouts			
Regular				Regular			
Week(s)	Total	Savings	Wkly	Week(s)	Total	Savings	Wkly
1	\$ 455	\$ -	\$455	1	\$ 555	\$ -	\$555
2	\$ 845	\$ 65	\$423	2	\$ 1,045	\$ 65	\$523
3	\$ 1,235	\$ 130	\$412	3	\$ 1,535	\$ 130	\$512
4	\$ 1,625	\$ 195	\$406	4	\$ 2,025	\$ 195	\$506
5	\$ 2,015	\$ 260	\$403	5	\$ 2,515	\$ 260	\$503
6	\$ 2,405	\$ 325	\$401	6	\$ 3,005	\$ 325	\$501
7	\$ 2,795	\$ 390	\$399	7	\$ 3,495	\$ 390	\$499

Early				Early			
Week(s)	Total	Savings	Wkly	Week(s)	Total	Savings	Wkly
1	\$ 415	\$ -	\$415	1	\$ 515	\$ -	\$515
2	\$ 765	\$ 65	\$383	2	\$ 965	\$ 65	\$483
3	\$ 1,115	\$ 130	\$372	3	\$ 1,415	\$ 130	\$472
4	\$ 1,465	\$ 195	\$366	4	\$ 1,865	\$ 195	\$466
5	\$ 1,815	\$ 260	\$363	5	\$ 2,315	\$ 260	\$463
6	\$ 2,165	\$ 325	\$361	6	\$ 2,765	\$ 325	\$461
7	\$ 2,515	\$ 390	\$359	7	\$ 3,215	\$ 390	\$459

## Refund Policy

**Requests for refunds must be made in writing to Alpine Day Camp.** Request must be made on the official "Request-For-Refund" form. Upon approval of the Camp Director, refunds will be made by the Greater New York Councils Camping Services Division. Every attempt will be made to issue the refund within 30 days of request. Only the following factors will be considered as possible grounds for refund: doctor's verification of illness, school letterhead for summer school, or family emergency (e.g. death in the family).

## 2024 DATES OF OPERATION

<b>Week 1 - Merchants Week</b>	<b>- 7/01- 7/05</b>
<b>Week 2 - Falconry Week</b>	<b>- 7/08 - 7/12</b>
<b>Week 3 - Robin Hood Week</b>	<b>-7/15 - 7/19</b>
<b>Week 4 - Wizard Week</b>	<b>-7/22 - 7/26</b>
<b>Week 5 - Dragon Week</b>	<b>-7/29 - 8/02</b>
<b>Week 6 - Joust Week</b>	<b>-8/05 - 8/09</b>
<b>Week 7 - Renaissance Fair Week</b>	<b>-8/12 - 8/16</b>

## **FIRST ARRIVAL/DAILY CHECK IN/CHECK OUT**

**Arrival** – Please plan your arrival to the Activity Center between 8:30 and 9:00. An administrator will ask you to sign your child into camp, collect your medical form and give you the camp t-shirt. A counselor will show your child where to place their belongings, introduce them to other campers and engage in a gathering activity.

**Daily Check in** - Each day you bring your child you will sign in the time next to their name. If you are not attending for a day please call the camp director or notify in writing via the Remind App. We will call to verify any unexpected absences.

**Daily Checkout** - Between 4 and 4:30 pick up your child from the Activity Center. You will be asked to sign them out. Parents must indicate on the medical form with whom their child may leave camp. Photo identification of the adult must be presented.

If you anticipate an early pick up please call the Camp Director or notify in writing via the Remind App. Permission must be verified by the Camp Director prior to the early departure of any Scout.

## **GENERAL INFORMATION**

### **ANNUAL MEDICAL FORMS**

Anyone attending Summer Camp (youth and adults) must have the current BSA Annual Health and Medical Form (Parts A, B). These forms do not need to be signed by a medical doctor. Please do not email these forms to camp as they contain sensitive information. Medical forms will not be returned at the end of the week.

### **HEALTH AND SAFETY**

Medical staff is available 24 hours a day by persons trained to handle minor accidents or illnesses. All injuries, regardless of the extent, must be reported as soon as possible to the Camp Health Officer. Special arrangements for the treatment of more serious cases have been made with a local medical office and the local hospital. In the event such treatment is required, the camper's parents will be notified by telephone giving the nature of the emergency. Their desires concerning further treatment will be followed.

Greater New York Councils provides secondary medical/accident insurance for registered Scouts and leaders in the Greater New York Councils. All accidents *must* be reported to the Health Officer.

The camp reserves the right to refuse admittance or involvement in any activity to any individual, who, in the opinion of the examining officer and the Camp Director, has developed any physical or medical situation which could present a hazard to the individual or other individuals.

All National BSA policies regarding the dispensation and use of prescription drugs will be followed while at camp. All medications, whether prescription or over the counter, will be held in the Medical Office. All medications must be brought to camp in their original containers.

One of the greatest dangers to a successful camp experience is fatigue. Therefore there will be times of quiet activities and many reminders to drink plenty of water.

## **FOOD**

All lunches are served cafeteria style in the Dining Hall. Vegetarian options are available upon request. A salad bar, fruit, milk and juice are provided in the dining hall. Water for refilling water bottles is located around the camp. Your child will receive a snack each day in the afternoon.

## **UNIFORMS**

Please have your camper wear their T-shirt to camp. Close toed shoes are required for the safety of campers.

## **NATURAL WILDLIFE**

Camp abounds with natural wildlife, including deer, birds, and other creatures. For this reason we do not allow any pets from home to be brought into camp. We also ask that you not take any wildlife home with you.

# **ALPINE DAY CAMP RULES**

The Boy Scout Oath and Law are the rules at camp. Campers who continually misbehave are not only missing the great benefits of camping but may be threatening their own safety and that of others.

**SIGHT AND SOUND** -- It is the policy of the Boy Scouts of America and the New Jersey State Health Department that all youth members must be within sight and sound of an adult leader, parent or adult staff member. Two-deep leadership rules apply: Campers are not permitted to travel around camp without an adult leader.

**YOUTH PROTECTION** -- It is the policy of the Boy Scouts of America that all adults attending camp will have been trained in Youth Protection.

**SHOWER AND RESTROOM FACILITIES** -- Due to Youth Protection Guidelines, general camp shower and restroom facilities for youth and adults are separated and posted. All adults are reminded that they are not allowed to enter the youth shower or restroom facilities except in the case of an absolute emergency.

**SECURE AREAS** -- Fences and roped off areas located throughout camp are not to be climbed or crossed by any scout or adult.

**NO FIGHTING** -- Fighting of any type between youth will not be tolerated. Abusive language and cursing are also not permitted.

**ALL FIRST AID SITUATIONS** -- All cases of First Aid, no matter how minor, must be brought to the attention of the Camp Medical Officer.

## **ALPINE DAY CAMP MISSION**

Alpine Day Camp is committed to helping your elementary age child build individual character, confidence and skills through a wide range of fun, enriching, and high-quality activities. The aims and methods of scouting are promoted in all our program areas and through our yearly themes. Youth attending Alpine Day Camp will reinforce their skills, learn new ones, and develop self confidence in a secure, positive, outdoor environment.

We believe campers who come to Alpine Day Camp are attending camp to have fun, to make new friends and to be in the great outdoors. It is for this reason that we have established the program at camp to be just that – fun! Alpine Day Camp introduces a new “camp theme” each summer. The 2024 theme is “Knights and Dragons.”

## **STAFF**

We have an amazing group of counselors and program staff ready for your children. Our staff comes from New Jersey and New York. All staff have had a background check.

Some of our staff have spent a week long training at National Camp school to make sure the program and staff are ready to give your campers a safe and fun camp experience. All staff over the age of 18 are CPR and first aid certified. All staff attend staff training together prior to camp starts.

## **PROGRAM**

**The major program areas at camp are:**

**Aquatics:** Campers will improve their swimming abilities, play water sports and generally stay cool. We will have a scheduled time at the pool daily.

**Field Sports:** At the Sports Field, campers will participate in various fun games such as volleyball, soccer, basketball, tee-ball and kickball that allow all youth to participate.

**Nature:** Campers will learn about animals, plants, the weather, trees, rocks, minerals, and themselves at the Nature Area. Activities will be based both at the Nature Lodge and the Nature Trail..

**The Ship:** At the Ship, campers will sail into adventure as they walk the gangway and explore the decks and the captain’s quarters. Campers will also practice casting and reeling in “fish”

**The Mine:** Campers will crawl through the tunnels searching for the treasure. Campers will also play group games.

**Archery, Wrist Rockets & BB's:** Campers will have an opportunity to learn about safety as they practice their marksmanship skills.

**Arts and Crafts:** Campers will use their creativity as they work on crafts and projects.

**Akela's Village:** Campers will learn some basic outdoor skills.

Activity Center: There are several programs that are held at the activity Center. The climbing wall is the favorite with the campers, a great event that is both challenging and fun! The game room and basketball courts operate at the activity center as well as a host of other fun and exciting special activities.

Team Building: Campers participate in a variety of activities and games to enhance cooperation and working as a group.

STEM: Campers will participate in different STEM activities related to the weekly theme. will earn about polymers in this fun and messy program.

## **Special Opportunities**

Join in the fun and spirit of camp with the following activities

Tasty Tuesdays- Every Tuesday we will be making a theme based snack

Wow Wednesdays- Every Wednesday we will bring in a special guest to entertain and teach our campers.

Thursday is Themed Thursday. Come to camp dressed up to match our weekly theme: (red white and blue; Cape, wings or bird day; Sports jersey; Crazy hat; Dragon; Knights and princess; Favorite character).

Finale Friday- Every Friday afternoon we will hold a special event to highlight our achievements and talent (color run, kite flying contest, archery tournament, talent show, dragon games, joust, carnival). Parents are invited to attend Week 1's Color Run, Week 4's Talent Show, Week 7's Carnival at 3:30 Friday afternoon.

Participating in these events will make our week in camp more enjoyable and help build spirit.

Any advancement your child earns during their stay will be handed out Friday..

## **What to Bring to Camp**

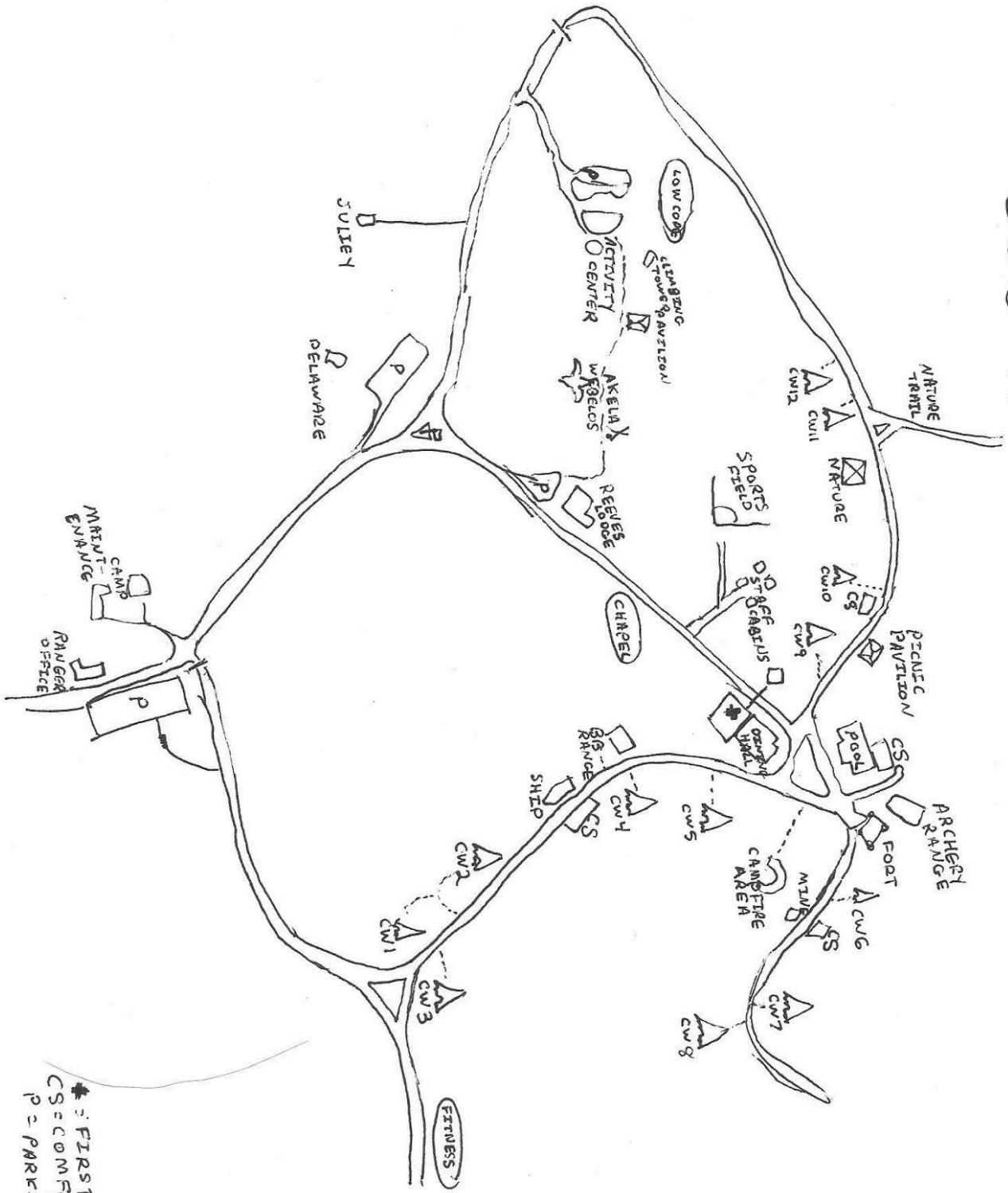
The following is a list of clothing and other items that campers will need to take to camp. ***All items (clothing, towels, etc.) should be labeled with the Camper's name.***

- Small backpack
- Sun Block (recommended)
- Water Bottle or canteen
- Rain Poncho
- Sneakers (No open toed shoes or flip flops)
- Towel
- Swimming suit
- Plastic bag to put wet swimsuit in

**ALL ELECTRONICS SUCH AS GAME BOYS, PSP'S, IPODS, CELL PHONES, ETC. SHOULD BE LEFT AT HOME, AS THEY DISTRACT FROM THE CAMP EXPERIENCE. THE BOY SCOUTS OF AMERICA IS NOT RESPONSIBLE FOR ANY LOST ITEMS.**



# CUB WORLD



\* = FIRST AID  
 CS = COMFOOT STATION  
 P = PARKING LOT

SAMPLE WEEKLY SCHEDULE					
TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8-9	Flags/ Line up/GAMES----->				
9-10	MINE	POOL	STEM	CLIMBING	POOL
10-11	Gaga	Tasty tuesday	CRAFT	Board Games	Sports
11-12	POOL	Hike	POOL	POOL	Wrist rockets
12-1	Lunch	Lunch	Lunch	Lunch	Lunch
1-2	Team Building	Craft	SHOW	Theater	Nature
2-3	Craft	SPORTS	Achievement	NATURE	Celebration
3-4	BB's	ARCHERY	Ship-fishing	Prepare for campwide	Celebration
4-4:30	SNACK/DISMISSAL----->				